

# Key elements needed for a successful UKA:

# The right patient, a highly reproducible procedure, and the right implant.

## UKA can have favorable results vs. off-the-shelf TKA

#### **Better function and ROM**

UKA patients have better range of motion and function.<sup>1</sup> PKR tibial axial rotation is comparable to native knees, while TKR knees show a significant difference.<sup>2</sup>

PKR patients have fewer problems bending their knee.3

#### Patients prefer their PKR

In a study of 23 bilateral patients, >50% prefer their PKR implant to their TKR; none preferred their TKR.<sup>4</sup>

In another study of 23 bilateral cases, patients reported PKR implants provide better early flexion, higher ROM and a more natural feel.<sup>5</sup>

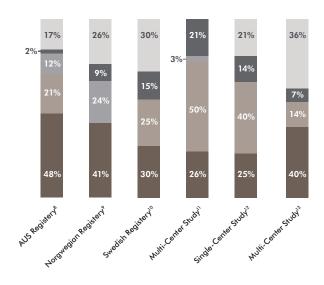
#### Survivorship can be comparable

PKR patients have better early function and maintain those advantages at 15 years vs. TKR, with no disadvantage on durability.<sup>6</sup>

In a prospective study of 62 consecutive fixed bearing PKR procedures, survivorship was at 98% after 10 years.<sup>7</sup>

#### **UKA** can require revision

Recent results from national registries and other multi-center studies reporting on causes of revision from over 6,500 primary fixed bearing UKA.



Disease Progression	14-50% (Range)	Other Poly wear Pain
Implant loosening	25-48%	
Pain	NS-24%	
Poly wear	2-21%	<ul><li>Disease Progression</li><li>Loosening</li></ul>
		Looseiling



## The right UKA implant system must maximize the chance of procedural success and must minimize the chance of failure.

## Key drivers of a successful UKA procedure

#### Preventing failure from implant loosening and subsidence

#### Preventing malpositioned components and malaligned (varus/valgus) tibial resections

24% of loosening is attributed to femoral and tibial component malposition or malaligned tibial resections.14

#### Maximizing tibial coverage

Poor tibial coverage, i.e. underhang, has been attributed to increased risk of tibial component loosening and subsidence.<sup>15</sup>

#### Preventing residual pain

#### Minimizing tibial overhang

≥3mm of tibial overhang significantly increases risk for residual pain. In addition, overhang can result in putting increased stress on the MCL.<sup>16</sup>

#### Preventing patella track impingement

Studies have reported 28% of patients have patella impingement and increased pain while on stairs and rising from chairs.<sup>17</sup>







ConforMIS iUni G2

#### Minimizing disease progression and poly wear

#### Achieving proper mechanical axis alignment

Studies have reported that 'slightly under-corrected' UKAs result in less long-term progression of disease and poly wear.<sup>18</sup>

#### **Achieving optimal function**

#### Optimizing joint function and knee kinematics

It has been proposed that preservation of the joint line and the sagittal J-curve provide opportunity to preserve normal joint function, with potential to result in more normal knee kinematics. 19

## Importance of tibial fit

## **Impact of Tibial Overhang**

## Overhang of ≥3mm has been shown to be clinically significant

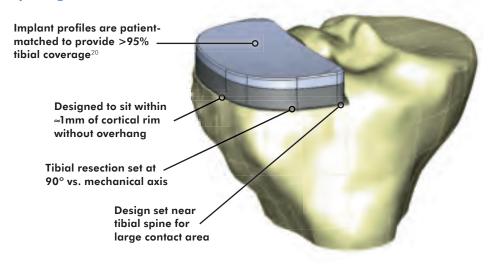
- A study of 160 Oxford UKR patients demonstrated at 5 years post-surgery that 9% of patients have major overhang (≥3mm) and significantly worse Oxford knee scores and pain scores.<sup>15</sup>
- In a study with six cadavers, researchers identified that tibial trays with ≥3mm of anterior overhang result in significantly higher loads on the MCL.<sup>16</sup>

9% of patients have ≥3mm overhang

with significantly worse knee and pain scores<sup>15</sup>

#### iUni G2 solution: Unparalleled tibial fit

#### **Key design features**





## Impact of Tibial Underhang

# Multiple publications have associated underhang with tibial loosening and subsidence

- Chau, et al., stated in UKA that "...concern with an under-hanging tray is that the load is transmitted primarily through the relatively weak cancellous rather than the stronger cortical bone. This may increase the risk of tibial component subsidence and loosening." <sup>15</sup>
- Swienckowski, et al., stated that in UKA "...cortical support is essential for the tibial components to avoid subsidence."
- Fitzpatrick, et al., in a comparison of UKA designs, stated that "Unicompartmental components [have] less cortical bone available to the implant, increasing the risk of subsidence and overhang."<sup>22</sup>

## Off-the-shelf UKA offers limited options



Off-the-shelf UKA system

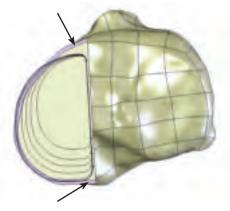
#### **Typical configurations**

- Offered in a single shape
- Come in a set range of sizes
- Surgeon may need to prioritize either A/P or M/L fit

### iUni G2 solution: Optimal coverage

#### **Key design features**

- Each tibial tray and poly is created specifically for each patient
- · Designed for optimal fit



Off-the-shelf size options<sup>23</sup> Size 5 in bold



ConforMIS iUni G2<sup>23</sup>

Highlighted area in pink represents 1.5mm cortical rim thickness<sup>22</sup>

# Importance of femoral fit

## Impact of Femoral Fit on Patient Pain

#### Malaligned femoral components can cause loosening

A study of 47 UKA failures during the period of 2000-2008, identified that 16% were attributed to femoral malposition or sizing issues.<sup>14</sup>

#### Patella impingement can cause increased pain

A study of 99 UKA knees at mean 14 year follow-up identified that 28% had patella impingement and increased pain, typically when on stairs and rising from chairs.<sup>17</sup>





16% of failures attributed to femoral malposition

or sizing issues<sup>14</sup>

### iUni G2 solution: Unparalleled femoral fit

**Key design features** 

Implant set at ~1mm inferior
to sulcus terminalis for optimal
coverage while staying outside
patella track

Tapered anterior edge set
into subchondral bone

Component set ≈1mm
from edge for optimal fit
without overhang

Femoral pegs
centered on condyle

Femoral pegs are 22° vs. mechanical axis to prevent "pistoning effect"



## Impact of Femoral Fit on Function

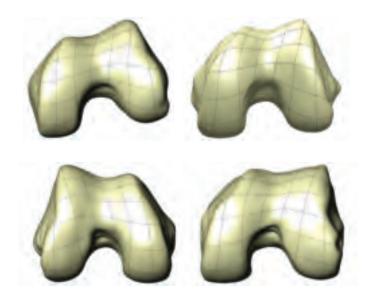
#### Anatomy of the femur varies

Femoral condyles have an asymmetrical shape and vary from patient to patient.<sup>24</sup>

## Off-the-shelf systems offer limited options

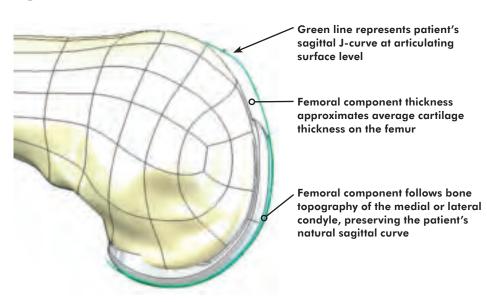
A typical UKA system has the following femoral component configuration.

- A single shape
- A set range of sizes



# iUni G2—an opportunity to maintain patients' anatomy

#### **Key design features**



# Impact of implant design on long-term

# Mechanical Axis Alignment Can Impact Disease Progression and Polyethylene Wear

## Slight 'undercorrection' can provide optimal results

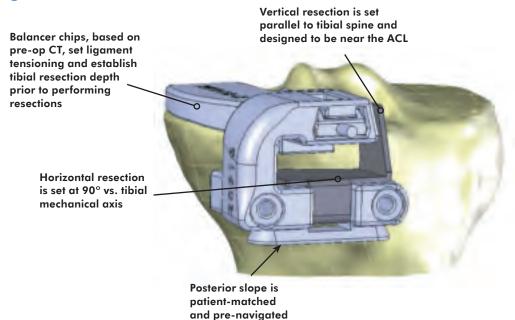
- Studies have shown 'slight undercorrection' (e.g. between 171° to 179° post-operative varus angle in a medial UKA) can provide optimal results.<sup>25</sup>
- A follow-up study of 58 medial uni knees with mean 15 year follow-up, reported that 'overcorrected' knees (e.g. post-operative valgus angle in a medial UKA) had 92% more cartilage loss in the opposite condyle.<sup>25</sup>
- In the same study, 'significantly undercorrected' knees (e.g. ≤170° post-operative varus angle in a medial UKA) had 50% more poly wear vs. 'slight undercorrection.'<sup>25</sup>

## Slight undercorrection

provides optimal axis alignment

#### iUni G2 solution: Intra-operative soft-tissue balancing

#### **Key design features**





## survivorship

## Other Factors Impacting Polyethylene Wear

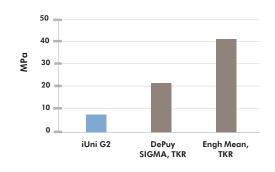
#### Contact stress can impact topside wear

Reducing contact stress has been shown to reduce wear on the articulating surface of the poly insert.<sup>26</sup>

## Poly/tray micro-motion and undersurface can impact backside wear

Studies have shown micro-motion can cause wear. In addition, examinations of explanted inserts have identified the poly undersurface as a second source of wear.<sup>27, 28</sup>

#### Micro-motion Index Comparison Standard<sup>29,30</sup> vs. ConforMIS G2 implants<sup>31</sup>

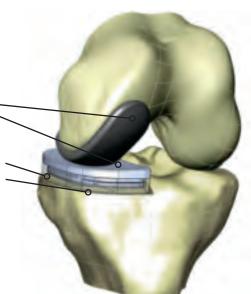


## iUni G2 solution: Engineered femoral and tibial components

#### **Key design features**

Femoral component and poly surface has a matched 1-to-5 ratio of increased contact area and less contact stress<sup>26</sup>

Interference fit of tibial insert minimizes micro-motion and, combined with the highly finished inside pocket, potential for backside wear<sup>31</sup>



# So, Why iUni?

#### **FIT**

- Individualized fit that virtually eliminates overhang and sizing compromises
- Designed to follow the contour of each patient's anatomy
- Tibial tray designed for maximized cortical rim coverage and proper rotational alignment

#### **SHAPE**

- Individualized medial or lateral femoral J-curves
- Wear optimized by matching femur and tibial inserts for maximized surface contact area

#### SIMPLE SURGICAL TECHNIQUE

- Reduced number of intra-operative decisions such as implant sizing and rotation
- Mechanical and rotational alignment are pre-determined in the individualized iJig instrumentation
- iView surgical planning images for proper iJig placement and detailed resection values

#### **OR EFFICIENCIES**

- Simplified set-up and tear down
- Minimal instrumentation required
- Disposable system delivered in a single pre-sterilized box
- Reduced sterilization and inventory costs



# references

- Rougraff B, et al.; "A comparison of tricompartmental and unicompartmental arthroplasty for the treatment of gonarthrosis"; Clin Orthop Relat Res; Dec 1991; Vol. 273: pp. 157-164
- Patil S, et al.; "Can normal knee kinematics be restored with unicompartmental knee replacement?"; J Bone Joint Surg AM; Feb 2005; Vol. 87(2): pp. 332-338
- Lastad-Lygre S., Pain and function in patients after primary unicompartmental and total knee arthroplasty; J Bone Joint Surg Am; Dec 2010; Vol. 92(18): pp. 2890-2897
- 4. Dalury D., et al.; "Unicompartmental knee arthroplasty compares favorably to total knee arthroplasty in the same patient"; Orthopedics; Apr 2009; Vol. 32(4): pp. 253
- Laurencin C; Unicompartmental versus total knee arthroplasty in the same patient: A comparative study; Clin Orthop Relat Res; Dec 1991; Vol. 273: pp. 151-156
- Newman JH, et al.; Unicompartmental or total knee replacement? 15 year results of a prospective, randomized controlled trial; J Bone Joint Surg Br; Jan 2009; Vol. 91-B(1): pp. 52-57
- Berger RA, et al.; "Results of Unicompartmental Knee Arthroplasty at a Minimum of Ten Years of Follow-up"; J Bone Joint Surg Am; May 2005; Vol. 87(5): pp. 999-1006
- 8. Davidson, D., et al.;" Hip and Knee Arthroplasty Annual Report; National Joint Replacement Registry; Australian Orthopaedic Association; 2011; P112
- Furnes, O., et al.; "Failure Mechanisms After Unicompartmental and Tricompartmental Primary Knee Replacement with Cement"; JBJS; Mar 2007; V89-A:N3;PP519-525; doi:10.2106/JBJS.F.00210
- Sundberg, M, et al.; "Annual Report 2011 The Swedish Knee Arthroplasty Register; Dept. of Orthopedics, Skåne University Hospital, Lund; 2011; Part II, P23
- 11. Gioe, T., Et. Al.; "Analysis of Unicompartmental Knee Arthroplasty in a Community-Based Implant Registry"; CORR; Nov 2003; Number 416, pp. 111–119; DOI: 10.1097/01.blo.0000093004.90435.d1
- Citak, M., et. al.; "Failed Unicompartmental Arthroplasty: Analysis of 471 Cases"; AAHKS Annual Meeting; Nov 2012; Poster #58
- Epinette, J., et al.; "UKA knee arthroplasty modes of failure: Wear is not the main reason for failure: multicentre study of 418 failed knees"; Orth& Traum: Surgery & Research (2012) 985, 5124—5130
- 14. Fehring, TK, et al.; "Early Failures in Unicondylar Arthroplasty"; Orthopedics; Jan 2010; V33: Issue 1:00,1124-10
- Chau, R., et al.; "Tibial component overhang following unicompartmental knee replacement - does it matter?"; The Knee; 2009; V16:pp. 310-313
- Gudena, et al., "A Safe Overhang Limit for Unicompartmental Knee Arthroplasties Based on Medial Collateral Ligament Strains: An In Vitro Study"; JOA; 2012
- 17. Hernigou, P, et al.; "Patellar impingement following unicompartmental arthroplasty"; JBJS(Am); July 2002; V84-A(7); pp. 1132-1137

- Hernigou, Ph., et al; "Alignment Influences Wear in the Knee after Medial Unicompartmental Arthroplasty"; CORR; Jun 2004; V423:pp.161–165
- Fitz, W.; "Unicompartmental Knee Arthroplasty with Use of Novel Patient-Specific Resurfacing Implants and Personalized Jigs"; J Bone Joint Surg Am; 2009; V91-1:P69-76
- 20. ConforMIS data on file
- Swienckowski, J, et al.; "Unicompartmental Knee Arthroplasty in Patients Sixty Years of Age or Younger"; JBJS;2004
- 22. Fitzpatrick, et al.; "Statistical design of unicompartmental tibial implants and comparison with current devices"; The Knee; 2007; V14:pp. 138–144
- 23. ConforMIS data on file
- 24. Mensch, et al.; "Knee morphology as a guide to knee replacement"; Clin Orthop Relat Res; Oct 1975; V112 pp. 231:241
- Hernigou, Ph., et al; "Alignment Influences Wear in the Knee after Medial Unicompartmental Arthroplasty"; CORR; Jun 2004; V423:pp.161–165
- Steklov N, Slamin J, Srivastav S, D'Lima D.
   Unicompartmental Knee Resurfacing: Enlarged Tibio-Femoral Contact Area and Reduced Contact Stress Using Novel Patient-Derived Geometrics. The Open Biomedical Engineering Journal. February 2010, 4, 85-92
- 27. Parks,, NL., et al.; "Modular Tibial Insert Micro-motion"; CORR; Nov 1998; V356: pp.10–15
- Wasielewski, RC, et al: "Tibial insert undersurface as a contributing source of polyethylene wear debris"; CORR; Nov 2002; V345: pp. 53-59
- J. Slamin. A new cobalt chrome tibial tray and moderately cross-linked tibial insert is added to the PFC Sigma modular knee system, Slamin, DePuy Orthopaedics, Inc.; Technical Paper. 2005
- G. Engh, Tibial baseplate wear; a major source of debris with contemporary modular knee implants, AAOS, 67th Annual Meeting—Scientific Exhibit, Orlando, Florida.
- 31. Steklov N, Chao N, Srivastav S. Patient-Specific
  Unicompartmental Knee Resurfacing Arthroplasty:
  Use of Novel Interference Lock to Reduce Tibial Insert
  Micro-motion and Backside Wear. The Open Biomedical
  Engineering J



ConforMIS, Inc.

28 Crosby Dr., Bedford, MA 01730

Phone: 781.345.9001 | Fax: 781.345.0147

www.conformis.com

Authorized Representative: Medical Device Safety Service, GMBH • Schiffgraben 41, 30175 Hannover, Germany P: +49 (511) 6262.8630 • F: +49 (511) 6262.86333

Copyright © by ConforMIS, Inc. All rights reserved. iUni and ConforMIS are registered trademarks of ConforMIS.

CAUTION: USA federal law restricts this device to sale by or on the order of a physician. The ConforMIS partial knee resurfacing system (iUni G2) is intended for use only by medically trained physicians. Prior to use of a ConforMIS device, please review the instructions for use and surgical technique for a complete listing of indications, contraindications, warnings, precautions, and 0086 directions for use



MK-02798-AA 3/13